POTENTIAL
POETRY
IN
MOTION

ANDRE STUCKEY
THIS IS A 25 PAGE POETRY BOOK

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Sincerely,

André Stuckey
COC #: AK1711
Keen Valley State Prison
Dezno, P.O. Box 5104
Fresno, California 93716

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<table>
<thead>
<tr>
<th>Poetry No.*</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Imperialist Powers</td>
</tr>
<tr>
<td>2</td>
<td>Noise, Silence And Tranquility</td>
</tr>
<tr>
<td>3</td>
<td>What Does Love Look Like?</td>
</tr>
<tr>
<td>4</td>
<td>Love And Compassion</td>
</tr>
<tr>
<td>5</td>
<td>Do Good</td>
</tr>
<tr>
<td>6</td>
<td>Police Brutality</td>
</tr>
<tr>
<td>7</td>
<td>Capitalism Vs. Poverty</td>
</tr>
<tr>
<td>8</td>
<td>The Church</td>
</tr>
<tr>
<td>9</td>
<td>Trying Out Religion</td>
</tr>
<tr>
<td>10</td>
<td>The Truth</td>
</tr>
<tr>
<td>11</td>
<td>Attachment</td>
</tr>
<tr>
<td>12</td>
<td>Pay Attention And Focus</td>
</tr>
<tr>
<td>13</td>
<td>Love And Karma</td>
</tr>
<tr>
<td>14</td>
<td>The Great Spirit</td>
</tr>
<tr>
<td>15</td>
<td>Marijuana</td>
</tr>
<tr>
<td>16</td>
<td>Manifest Peace</td>
</tr>
<tr>
<td>17</td>
<td>Good Vibes</td>
</tr>
<tr>
<td>18</td>
<td>Resist Violence</td>
</tr>
<tr>
<td>19</td>
<td>Love And Freedom</td>
</tr>
<tr>
<td>20</td>
<td>Real Peace</td>
</tr>
<tr>
<td>21</td>
<td>Free Community</td>
</tr>
<tr>
<td>22</td>
<td>Don't Lie</td>
</tr>
<tr>
<td>23</td>
<td>Into Her Arms</td>
</tr>
<tr>
<td>24</td>
<td>Ever-Changing Self</td>
</tr>
<tr>
<td>25</td>
<td>Without Beginning Or End</td>
</tr>
</tbody>
</table>
IMPERIALIST POWERS

The United States is controlled by those trying to control us all with economic, political and military terrorism. Barack Obama sounded as if he might make a great president in the beginning. He has done what every president before him has done. He has sold out to big oil, the bankers, and the billionaire corporations. Obama and presidents before him are personally accountable. Partly, for the inevitable collapse and destruction of worthwhile society everywhere. The only chance of reform is if changes are approved by those in power, which is to say, no chance at all.

IMPERIALIST POWERS
NOISE, SILENCE AND TRANQUILITY

WE MAKE NOISE TO SHOW OUR PRESENCE
WE MAKE NOISE TO GIVE US THE ILLUSION OF DOMINANCE
WE MAKE NOISE TO SAY THAT WE'RE HERE
WE MAKE NOISE TO SAY THAT WE'RE AT THE TOP OF THE HEAP
NOISE IS A BIG DRAW FOR A LOT OF PEOPLE
WE MAKE NOISE TO SHOW WHERE THE ACTION IS
THE LOUD AMBIENCE GIVES AN IMPRESSION OF "ACTION"
LOUD NOISE IS VIOLENT
IT'S AN ASSAULT ON OUR EARS
SILENCE IS THE TWIN BROTHER OF NOISE
SILENCE MEANS NO SOUND
WE CAN'T ENDURE ABSOLUTE SILENCE FOR LONG
ABSOLUTE SILENCE CREATES ANXIETY, DEPRESSION
HALLUCINATION AND SENSORY DEPRIVATION
TRANQUILITY IS THE COUSIN OF NOISE AND SILENCE
TRANQUILITY IS THE ABSENCE OF HUMAN NOISE
WE HAVE TO HAVE SOME KIND OF SUBTLE...
BACKGROUND SOUNDS IN ORDER TO THRIVE
IT'S HOW THOSE OF US WHO AREN'T HEARING IMPAIRED
ORIENT OURSELVES TO THE WORLD
WE NEED TO HEAR THE BIRDS OUTSIDE, THE WIND
SOME ACOUSTIC REFERENCE THAT PROVIDES FOR US
A SENSE OF PLACE
THAT'S TRANQUILITY
NOISE, SILENCE AND TRANQUILITY
WHAT DOES LOVE LOOK LIKE?

WHAT DOES LOVE LOOK LIKE?
It has the hands to help others
the feet to run to the side of the poor and needy
it has the eyes to see when someone is in need
it has the ears to hear the concerns of others
it has the Dick and Vagina to create birth
it has the mind to create happiness
it has the nose to smell the aroma of sex
it has the heart to care for those less fortunate
this is what love looks like
Love and Compassion

Love and compassion is not just feeling with someone but also seeking to change their lowly situation. Love and compassion are very demanding.

If you are prepared to love, if you are prepared to be compassionate, be prepared to act on your desire. Action speaks louder than words.

Love and compassion.
Do Good

Do all the good you can.
Resist the negativity that society creates.
Do good by all the means you can. Create good energy with those that you encounter spiritually and emotionally.
In all the ways you can, do good.
In all the places you can, spread your wings.
Encounter different cultures and backgrounds.
Do good.
At all the times you can, having a positive impact on society is a 24 hour job.
Do good to all the people you can. As long as ever you can, having a positive impact on society is a lifelong job.
Police Brutality

Police Brutality has been a permanent fixture in Black America since the beginning. It's what got the Founding Fathers so much free land and free labor. The focus on police brutality in Black America cannot be on one police officer's culpability in trial and sentence. The root of the problem is the internalized oppression in Black communities. Do we love ourselves enough to fight the forces of police brutality to surrender completely to love? We let internalized oppression anesthetize, defame us, render us docile and innocuous. Drugs and drug violence were used to quell Black activist movements to break the back of the revolutionary spirit to lay the foundation for the prison industrial complex. Drugs took away Black social capital, thriving neighborhoods, and the trust that enabled us to organize against police brutality. We don't organize properly against police brutality because we don't trust each other. Police Brutality.
CAPITALISM VS. POVERTY

CAPITALISM CREATES A COMPLEX SET OF ILLUSIONS.
CAPITALISM ALLOWS THE WEALTHY AND POWERFUL TO FEEL JUSTIFIED IN THEIR POSITION.
THEY BELIEVE THEIR PRIVILEGE IS BASED ON THEIR OWN HARD WORK OR THE HARD WORK OF THEIR ANCESTORS.
ECONOMIC GROWTH—THE GOAL OF CAPITALISM—IS FOLLOWED BY AN INCREASE IN THE DISPARITY BETWEEN RICH AND POOR.
AND A WITHERING OF THE MIDDLE CLASS.
THE UNITED STATES HAS THE HIGHEST RATE OF POVERTY IN THE INDUSTRIALIZED WESTERN NATIONS.
CHARITIES AND WELFARE PROGRAMS DO NOT HAVE THE POWER TO LIFT PEOPLE OUT OF POVERTY.
AND THEY NEVER WILL.
CAPITALISM AND WEALTH CARRIES NOT ONLY PURCHASING POWER BUT SOCIAL AND POLITICAL POWER.
CAPITALISM ABHORS THE EQUITABLE DISTRIBUTION OF WEALTH.
IT TAKES LARGE AMOUNTS OF WEALTH TO ALTER THE POLITICAL PROCESS.
ANY EFFORT BY THOSE IN POVERTY IS EASILY NEGATED BY THOSE WHO HAVE THE MOST MONEY.

CAPITALISM VS. POVERTY
THE CHURCH

THE CHURCH
THE CHURCH IS AN EXTENSION OF CHRIST
AN ALTERNATIVE TO THE
MILITARISTIC, CONSUMERIST, ALIENATED WAY OF LIFE
THAT HAS BECOME THE NORM
CHURCHES EXIST ONLY TO SERVE PEOPLE
THE CHURCH IS NOT AN EMPIRE
THE CHURCH IS NOT A BUILDING
THE CHURCH IS A PROFESSIONAL CLASS OF "HOLY PEOPLE"
GOD'S LOVE MANIFESTS ITSELF IN THE CHURCH
GOD DOESN'T TRY TO CREATE EMPIRE OR THEOCRACY
THIS IS WHAT WE DON'T SEEM TO GET
THE CHURCH REPLICATES THE LIFE OF GOD
THE CHURCH IS AN EXTENSION OF GOD
THE CHURCH
TRYING OUT RELIGION

I AM A BELIEVER IN FREE WILL
DOES BELIEF IN RELIGION ROB US OF OUR FREE WILL?
I LOVE THE ETHICAL TEACHINGS OF MOST RELIGIONS
I LOVE THE SINCERE TESTIMONY OF THEIR SAINTS
I DO NOT BELIEVE IN THE DOGMAS OF RELIGIONS
DO WE REALLY NEED RELIGION TO FIGURE OUT THE WORLD
THE WAY WE BEHAVE TOWARDS THE WORLD
IS OUR REAL RELIGION?
I AM A BELIEVER IN FREE WILL
I LOVE FREE WILL.
YOU CAN BE SHOWN THE PATH TO FREE WILL
BUT YOU HAVE TO WALK IT YOURSELF
YOU HAVE TO MAKE THE EFFORT.

SOME PEOPLE TRY OUT RELIGIONS LIKE SUITS OF CLOTHES
WHEN YOU ARE TRYING OUT A RELIGION
YOU CAN'T JUST PUT IT ON
YOU CAN'T JUST STEP UP IN FRONT OF A MIRROR
YOU HAVE TO HAVE A PROVISIONAL BELIEF
IN THE RELIGION AND ITS PHILOSOPHY
TO SEE WHAT IT MIGHT BE LIKE TO LIVE THAT WAY
YOU HAVE TO TRY IT OUT
YOU HAVE TO ACT LIKE YOU BELIEVE IT FOR A WHILE
TRYING OUT RELIGION...
THE TRUTH

When you listen to people talk
You know the truth when it's spoken
It has a ring to it
It rings like a bell

When you try to live the truth and be it
You try to make your every action
An expression of the truth

When you speak the truth
There's going to be somebody
With a skeleton in their closet
Or some extra ego in their back pocket
Who is not going to want you to talk
The truth

There are ways they will try to keep you from talking.
Pay attention to them.

If you start to say something that's true
Insist on saying it until you finish.
Saying it
When you speak the truth
Don't let it be interrupted
It cheapens the truth
When it is interrupted

Truth is good
It also needs to be helpful, necessary, and kind

The truth
ATTACHMENT

ATTACHMENT IS REALLY BASED ON THE IDEA THAT ANYTHING WE HAVE BELONGS TO US. NOTHING REALLY BELONGS TO ANY OF US. WE JUST HAPPEN TO GET USE TO IT FOR A WHILE. MOST PEOPLE ARE ATTACHED TO THEIR OWN FEELINGS AND OPINIONS.

YOU HAVE TO BE NONATTACHED TO YOUR FEELINGS. FEELINGS CAN BE A TRAP.

PEOPLE SAY THEY DO THINGS FOR FEELINGS, BUT THEY REALLY DO THINGS FOR ENERGY.

WHEN YOU SEE A RELATIONSHIP GOING ON, SEE WHICH WAY THE ENERGY IS FLOWING. THAT'S WHAT IT'S REALLY ABOUT.

NOT THE EMOTIONAL NOISE GOING ON.

YOU CAN KEEP YOUR CONCENTRATION REALLY WELL WHEN YOU'RE NOT ATTACHED.
PAY ATTNENTION AND FOCUS

PAY ATTNENTION AND FOCUS

Your attention and focus looks for something to grab on
We must pay attention and focus on the here and now
Our attention and focus is not impressed by much
Must we train our attention and focus
To not wander?
Our attention and focus is like a tenacle
It's going to look for something to grab on to
Rip your attention and focus from those attachments
Grab them
Bring them down
Involve them in the situation at hand
Pay attention and focus
In the here and now
Take care of business in the here and now
Pay attention and focus
Love and Karma

Love and Karma are not random. You get out of them what you put into them. If you put the real thing into them, you get the real thing back out of them. See what part of your relationship in the here and now is not getting enough attention. Where are you shorting out? What are you ignoring and not knowing it? Love and Karma isn’t fair sometimes. It’s just the way it is.

Be the best person you can be. Put your all into your soulmate. Whatever meant to happen, will happen. Love and Karma.
THE GREAT SPIRIT

THE WAY THAT YOU TAP INTO THE GREAT SPIRIT IS TO RELAX AND APPRECIATE. APPRECIATE MEANS TO PUT VALUE INTO SOMETHING WHEN YOU EXPAND, GROW AND BECOME LARGE IN YOURSELF LARGE IN YOUR SOUL. KNOW THAT YOUR LARGE AND REACH OUT IN A LONG WAY.

THE GREAT SPIRIT TAP INTO YOUR GREAT SPIRIT INTO YOUR ONE MIND. YOU CAN TAP RIGHT INTO IT JUST BY KNOWING THAT IT'S THERE REACH FOR IT IT WILL REACH BACK. YOU KNOW YOU'VE TAPPED INTO IT WHEN IT REACHES BACK.
MARIJUANA

MARIJUANA
WHEN YOU LIGHT UP A MARIJUANA BLUNT
YOU OUGHT TO SIT DOWN AND RELAX
LET IT HAPPEN TO YOU
DON'T WASTE ANY OF IT
SMOKE THAT BABY TO THE CORE
THE ENERGY THAT GOD PUTS INTO MARIJUANA
HELPS US TO RELAX AND OPEN UP
IF YOU DON'T GET A MEDITATIVE STATE
OUT OF YOUR MARIJUANA
YOUR WASTING IT
MARIJUANA IS A MIRACULOUS THING
MARIJUANA HELPS YOU OPEN UP
WITHOUT DESENSITIZING YOU
MARIJUANA OPENS YOU UP
LEAVES YOU COMPASSIONATE
MANIFEST PEACE

MANIFEST PEACE
TO MANIFEST PEACE
DO NOT OPPOSE WITH ARMS
DO NOT OPPOSE WITH POLITICAL ACTION
THOSE ARE CONTRADICTIONS
TO MANIFEST PEACE
YOU MUST BE PEACEFUL
STAY STRONG AND CONSISTENT
THAT'S HOW YOU MANIFEST PEACE
YOU DON'T HAVE TO DO ANYTHING
TO TEAR DOWN THIS POLITICAL SYSTEM
THIS POLITICAL SYSTEM IS SO CORRUPT
IT'S JUST FALLING DOWN
YOU DON'T HAVE TO TEAR IT DOWN
JUST STAY OUT OF THE WAY
STAY COOL
MANIFEST PEACE
Good Vibes

People want to relate with you
All you have to do is give them a chance
If you give them a chance
They will forgive your shortcomings
Some people are negative
They've been made uptight by a lot of strange things
Nobody likes negativity
It puts negative energy into the air
And makes good positive people more negative
You have to pay attention
to how you come across to people
You can be mostly any way you want to
As long as you're not negative
If you make people uptight
Your going to carry a circle of uptight energy
That sooner or later
Will be triggered into negativity against us
Maybe even physical violence
Create good vibes
Stay positive
Resist Violence

A LITTLE VIOLENCE... MEANS MORE
You can't buy into just a little bit
It grows
Resist Violence
If you put juice into a fire
You make it worse than it is
Don't oppose those in positions higher than you
People in high positions
like and thrive on being opposed
If you don't oppose them
You pull their plug
They run out of juice
Love and Freedom

The idea of love is to have the freedom to love who you please.

The only true kind of love and freedom is the freedom to love and take care of ourselves and our partner.

My idea of love is bound with the hope that someday we will live in a global civilization in which love is the only law.

Love and Freedom
REAL PEACE

REAL PEACE WILL ONLY BE ESTABLISHED WHEN THERE ARE NO MORE EMPIRES OR KINGDOMS
NO MORE RICH
NO MORE POOR
NO MORE KILLING
NO MORE TORTURE OR EXECUTION
NO MORE JAILERS, NO MORE PRISONERS
NO GENERALS OR SOLDIERS
NO MORE ARMIES OR NAVIES
NO MORE PATRIARCHY
NO MORE HUNGER
NO MORE SUFFERING
OTHER THAN WHAT LIFE BRINGS US FOR BEING BORN ONLY THEN WILL WE SEE FOR THE FIRST TIME
REAL PEACE
Free Community

The most daring thing is to create a free community. In a free community, your neighbors may not even know your name. Your free to move from place to place, from job to job, from partner to partner. People should long for some sort of free community. People cannot be productive without it. To build a free community requires vigilant awareness of the work we must continually do to undermine all the socialization that leads us to behave in ways that perpetuates domination. Without free community, there is no liberation.

The marvelous thing about free communities is that it enables us to welcome people in a way we couldn't as individuals. We walk into the kingdom of heaven as a free community.
DON'T LIE

MY PARENTS SAID
BUT KEEP QUIET WHEN WE LIE ABOUT YOUR AGE
to get you into a tourist attraction at a cheaper price
DON'T LIE
UNLESS YOUR GOING TO HURT SOMEONES FEELING
WITH THE TRUTH
DON'T LIE
BUT DON'T TELL OUR REPUBLICAN FRIENDS WE'RE DEMOCRATS
DON'T LIE
BUT DON'T AIR YOUR DIRTY LAUNDRY IN PUBLIC
SAY EVERYTHING IS FINE
EVEN WHEN ITS ALL CRASHING DOWN
DON'T LIE
WELL... SOMETIMES... UNLESS IT WILL BENEFIT YOU
OTHER THAN THAT
DON'T LIE
INTO HER ARMS
THANK YOU GOD
ITS YOU WHO MADE HER
AND YOU WHO LURED ME
INTO HER ARMS "
MY TREE OF KNOWLEDGE
SAYS SHES MY COLLEGE
AND IM ENROLLING IN THERE
HER PANTY LINES, CHILLS DOWN MY SPINE
MY TONGUE GETS LOST WHEN ALL OF YOUR CUM
COMES SPLASHIN DOWN MY MOUTH ... THATS FINE
YOUR BLAZIN EYES, YOUR RUMP AND THIGHS
IM WALKING DEEP AND FAR
INTO HER ARMS
EVERCHANGING SELF

YOU ARE CONSTANTLY CHANGING
AND GROWING FROM YOUR EXPERIENCES IN LIFE
THIS IS THE BASIC TRUTH OF REALITY
SOME PEOPLE RESIST CHANGE
WE WANT PERMANENCE
AN IMMORTAL SOUL THAT ALLOWS US TO ESCAPE DEATH
CHANGE IS CONSTANT INSIDE AND OUTSIDE OF US
THERE IS HARDLY ANY DISTINCTION BETWEEN THE TWO
WE CAN ONLY HAVE ONE THOUGHT AT A TIME
EVERYTHING ELSE IS FORGOTTEN IN THAT MOMENT
THINK BACK OVER YOUR LIFE
YOU'VE FORGOTTEN MOST OF WHATS HAPPENED TO YOU
MOST OF OUR MEMORIES ARE GONE
WE ARE CONSTANTLY RENEWING OURSELVES
FORGETTING AND REBUILDING
YOURSELF IS EVERCHANGING
SEPARATE FROM THE WORLD OUT THERE
THE SELF IS ALWAYS MOVING
IT ISN'T GOING TO CONTINUE EXISTING AFTER YOU DIE
IF YOUR NOT INTO THE FLOWING WORLD OF CHANGE
THEN YOUR DEAD
EVERCHANGING SELF
Without Beginning or End

If you want to know what's true about the world, walk out into an open field and close your eyes. Forget everything you know and believe completely empty your mind. Then open your eyes and see what you encounter.

The first thing you see is this physical stuff around you. The material universe vast and deep. The empty mind perceiving that wondrous existence is not separate from existence.

Things perpetually move and change. Appear and disappear. Clouds drift. Days fade into night, and night into day. Seasons come and go. People die. Other people are born. On and on it goes. Everything is moving all the time without pause.

Your minds movements are no different than a clouds movements or the turning seasons. Without beginning or end. Everything is moving all the time without pause. Without beginning or end.