Ludo et Emergo
Anyone who has been incarcerated for a length of time is well aware of the struggle we endure. The ups and downs of life behind the walls. Watching our kids grow up through pictures. Seeing our loved ones die. Being separated from those we love the most. Watching so-called friends turn against the world passes us by. Yet we emerge. Some of us become better because of this experience. Some worse. We all struggle, though, and when it's over, we are never the same. The title Lucto Et Emergo is Latin for "I Struggle, And I Emerge." Though struggle I might, Emerge I will! While All Convicts, Prisoners and Inmates go through the struggle, these poems apply to my own. Some are about love lost, some death, and others about the love I yearn for. Most importantly, some are about the Gods and Goddesses that made me realize my strength and potential through this adversity. Hail to you all! Thank you my Son, Tacoma Lee, For giving me reasons to change. All I do from now on is for you. My Mother who may be gone in physical form, but very much alive in my heart. Toshie Marie, we've struggled together, but the love endures, and we emerge as one. Thank you For the optimism about the future. I love you Baby! While everyone may not feel these poems, they are Real, they are Raw, they are My Life.

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Release

This life has been a perpetual Heartache.

My Soul yearns To be wild and Free
To come back together, to be one with thee
Into the Sea Let me Bleed
Free As Air, Just let me be.
For in this form I have struggled
Struggled without Release
Within your Embrace May I find peace.
And the Required Love that I seek
My passion - My loves too deep
You are my only Equal - The Rest too weak
Great Goddess Please bestow your Gifts
upon me, Bless me with your Warmth
Release the cold, Make it Leave.
Hope

You pick me up when I'm feeling blue
Don't know what I would do without you
Found light in this darkness who would've knew
Life is a paradox - this is true.

You must experience the struggle to learn the lessons
The harder the struggle the stronger the blessings.

Sometimes it gets hard to carry on - this is true
If you keep your head up though - you'll come through

Be thankful for the small things whatever they may be
Put joy in your heart that's the key

I've been to the bottom take it from me
The light will always vanquish the darkness

Through out this life you will see
Never give up! Strength comes in the moment of need

Thank you Joy I do receive - light in the darkness
When I can't see - keeping me strong in my moment of need
Reinforcing it will get better - you just have to believe.

Jason J. Ramsey
Ghost of A Child

As I lay here in bed Thoughts fill my head
Faces of Family and Friends Some alive others dead
Of Deeds done and things said
Sentenced twice Everyday feels like life
You can't shake the memories You can't fight the ghosts
You must live with the regret of shifting on the ones
You love the most.

Little things are Reminders They won't let you forget
Things you should have done Those you should've spent more time with
You try and make your peace
The guilt's too strong
No matter how many Rights
You still feel the wrong.

It's tough to admit I guess I'm where I belong
Till that door opens I'll find joy in days long gone.
No time like that as a child
That's what that brings a smile
It was so good. We were so Care Free
Give anything to go back Instead of sitting in the Penitentiary
While it hurts now.

Coming out I'll be a better man
You just wait and see.
It took Heartache and adversity
To understand
This is not the life for me.

Jason J Ramsey
The Mask I Wear

Even in a group
I'm all alone. In my own zone
Not sure what I search for
It never ends

I've dug so deep within
It's hard to deal with the outside
I wake up and put on my disguise
Hoping no one will recognize
What's inside

You question yourself and wonder
Do they feel the same?
The subject is never brought up though
Is this part of the game?
Or am I the only one playing?

I've become so disassociated, so detached
I remember other places
But how do I get back?

Should I give in?
Be resigned to this fate?
Until I find the answer
I'll keep wearing this face.

Jason J Ramsey
Free

My soul cries to be free
A life of isolation, or so it seems
Taken years locked in a box to find myself
Now I yearn to be heard
More importantly: felt.
Emotions so raw, make a heart melt
I've dug deep inside myself
Discovering a profound well
Feelings never before expressed
They laid buried
They laid suppressed

Now they've been unearthed
Or more accurately, taken out of hiding
To expose and confront
The demons that lay inside me

The angels won, and now fly free
These walls hold me physically
But through these words
The sun begins to shine
No more gray skies

My heart sings and
The sadness dies.

Jason J. Ramsey
All by myself
I live inside a tomb
Behind a door
That has too rooms
You hear voices But never see their faces
Try to escape but you're going no place

We are brothers of a struggle in a sense
Locked behind a wall within a fence
We're at the same spot
But we're in different places
Everybody wants to be hard
So they fix their faces

When the lights go out comes the moment of truth
Everything kept inside comes rushing up on you
Nowhere to run nowhere to hide
Can't get away from yourself
No matter how hard you try

The next day everyone assumes their role
Faces again fixed they hard as stone
Till the lights go out again
And you're all alone
Stuck with yourself
Inside the tomb

Jason J. Ramsey
Victory or Valhalla

The Valkyries take flight to survey the fields
Looking for warriors, the ones that are real.
Wotan casts his spear over the hosts
Enter the Berserkers, Invulnerable as ghosts,
Looking for routes, routes to glory.
So their names live on as a Midgard story
The Ravens take flight, dark at night
One, Wotan’s menager. The other his thought.
The wolves stalking their prey
Valhalla bound. The Einheriar Way — Warrior
Ragnarok has begun. Fear is trying to swallow the sun.
The Norms decree, this war cannot be won.
However, we fight. Fight as one.
Even though we experience night
They cannot extinguish Baldr’s light.
Victory or Valhalla! Is our battle cry.
Try as they might. The light will not die.
Through adversity, the strong will always overcome!
Even at death, life has just begun.
We still triumph! We still prevail!
Victory or Valhalla! This is a warriors tale.

Jason J. Ramsey
Believe in yourself

I once was trapped, now I’m free.
My soul soars like the breeze.
I was lost in darkness, now I see.
We become stronger through adversity.

Keep your head up, eyes on the stars.
Believe in yourself, you can go far.
Don’t worry about what haters say.
Just keep believing, and you’ll arrive one day.

It may take some work, you’re gonna struggle.
Keep it pushin’, it will be worth the trouble.
Set your goals high, reach for the sky.
There’s no limit, how high you fly.

As long as you believe in yourself,
you will make it through.
If you fall, knock the dust off.
Keep it moving too.
Believe in yourself, you can make it.
If you do!

Jason J Ramsey
Mother Nature

You're My Girl - The One Who consoles Me
I lift me up when I need you to hold me
You're always there without fail
In various forms, you reveal yourself

On good days your eyes are so blue
And even when they are grey,
I still know it's you
Your fragrance, so many court
But it only belongs to you
Every time I breathe you in,
I feel brand new

You understand when no one else can
You make me feel special
Even though, I'm only a tree, among your land
You nurture me, like I was your own

Your worth is priceless
Without you, I would be lifeless
Your beauty has no bounds, it's sightless
There are no words to convey how much I love you,
Mother Nature! The only one to stay true.

Jason J. Ramsey
Find your smile.

No matter what the day brings
You can find hope in small things
No matter how bad
There's a smile to be had.

Once you sit back
And think enough
You realize worry
Aint worth a fuck.

Look around til you find your smile
Be patient, be easy
It may take awhile.

Mark my words
And to your heart commit
Persevere, rise above
Never quit.

Look around til you find your smile
There's hope in the small things
Never forget
With a little hope
This life ain't shit.

Jason J. Ramsey
The best things in life are free
That's what prison has taught me
Watching the sunset with the one you love
Reaching out to give your son a hug
Watching a full moon circle in the air
Seeing birds fly without a care
Flowers blooming in the spring
The best things in life don't cost a thing
A soft breeze on your skin
Touched by the rain carried on the wind
Feeling the grass beneath your feet
The kiss of a woman, a kiss so sweet
The best things in life are free
That's what prison has taught me
Hearing the sound of your kids laugh
Gazing at the stars while you lay on your back
Seeing the leaves, turn and fall
The best things in life cost nothing at all!
Remember

Can I love you in the present, as I loved you in the past
Can I embrace the good memories, and relinquish the bad
Can I remember the love we shared, and forget hard feelings laid bare
Can I remember your smile and forget your frown

Did the times we were up outweigh those we were down
Can you still see me as I see you
A boy running wild, and a girl of virtue
Of a young man trying to find himself
And a young woman unsure how she felt
Can you still feel the hot summers of love
And the cold winters of hurt
Can you still smell him, like he still tastes her
Do you still images that invoke joy
Or experience pain at love lost between girl and boy
Do you ever wonder what if they had made it
If he hadn't went to prison and she hadn't stayed

Do you still feel love, or did it all fade
Do you ever feel without heart and soul
Feelings of emptiness - not being whole
Like your past was lost and the future stole

Do you remember being held tight, lying next to him
How he remembers your kiss, the taste of your skin
Do you ever think back
And remember when...
Lucio Et. Emergo

Broken

I came from a broken home
Dad dead
Mom trying to raise 3 boys on her own
She's working her fingers to the bone.
While I'm skipping school getting stoned.
My heart so cold, feeling all alone.
Mom am in the zone, how's it feel to put one in your dome.
Yeah my heart was cold, just like stone.
Mom wants to know where she went wrong.
To you mom, the blame don't belong.
It was just too late, I was far too gone.
I took my own path, not the one Shawn at home.
You always did your best.
So much more than the rest.
You were a good teacher, I just failed the test.
I love you mom! In peace, please rest.

Jason J Ramsey
Lucito Et Emergo

Somehow I Carry On

As I Roam through these Halls of My Memories
Searching for scenes beyond these walls, none come to me
Is this what my life is Fated to be
Just another number passing through life in a Slumber
Alive, but I Aint Livin
Waiting For the Day they put me Under
Isolated, they kill the spark, they steal the Thunder
Take your soul and tear it Asunder
Fight everyday to take a breath
Dig deep to take another step
Somehow I hold my head and carry on
Blessed by the Gods and the strength of my Mom
Invoking your image induces calm
This system tries to Kill me
Don't be alarmed, Embodying your strength
I'll come to no Harm
When they believe they got me
I Raise up and I Carry On
Straight Soldier, my mothers Son!

Jason J Ramsey
Come Back

Baby it seems I'm grasping at smoke, trying to save our love
I feel it in your body every time we hug, your cold and detached
I don't know where you're at, only it's not with me
Come back baby, oh, come back please.

Can we get it back and rekindle the flame
Can we go back to being the same, to making love in the rain
Laughing and playing, you signing my name
Can we go back baby, can we make it the same
I'm so full of rain, I feel insane
Come back baby, let's rekindle the flame.

Say it's not too late, to save our love
Say you love me too, you can't get enough
Oh, come back baby, come back please.
Say you love me as much as I love you
I'd give anything to make that true.
Come back baby, I can't live without you.

My fire is gone, there's nothing but smoke
My heart won't beat because it's broke
Even though you're not in my arms, I can't let you go
I love you too much baby
I love you so!

[Signature]

Jason J Ramsey
I Can't Let You Go

Although it's been years since I held you, I still can't let you go. You are the love of my life, the only one I've known. You're the key to my heart, I still love you so.

No baby, I can't let you go.

The memories still fresh in my head, as I lie here in bed. I reminisce on your kiss, and all the things said. The look in your eyes, the heat of your fire. How looking at you, I could never grow tired.

You are the love of my life, the day to my night. You are all that's ever felt right. And I can't let you go.

No baby, I can't let you go, honey. I still love you so.

When I think about our happiness, how things could've been. The life we could've had, it tears me up. It makes me sad.

When I walked up and saw you wearing that ring, my heart was crushed, so were my dreams.

I set myself up for a heartbreaking trap, believing I'd get you back. That doesn't make the pain any less, baby girl, my heart's a mess.

But I guess that's what I get, not being the man I was supposed to be.

By running wild, in and out of prison, I let you leave.

That doesn't make the pain any less, my heart's a mess.

I can't let you go, so baby I'll never let you go.

I still love you so.

Jason J Ramsey
Reminisce, what I miss

I Reminisce on all the things I've missed
Relive our First Kiss,
Watching our son grow up through Pics
Regretting How I Lived
I Continue to Fall, Sitting behind those Walls
Missing out on life, Missing out on it All
Thinking How Happy we were, the Life we could've had
Tears me up inside, It drives me mad
I lost my Son and the Love of my Life
What I'd give to get back that Night.

Jason J Ramsey
A thousand ways to love you
And everyday I do
There are 1000 ways to love you
And everyday I do

The way you walk, the way you talk
How you smile, the way you laugh
All the ways I love you
I can't tell you half

The way you kiss, the way you touch
How being with you, I never get enough
I love you baby
Just so much

There are 1000 ways to love you
And everyday I do
There are 1000 ways to love you
And everyday I do

The way you walk, the way you talk
How you smile, the way you laugh
Of all the ways I love you
I can't tell you half

There are 1000 ways to love you
And everyday I do
There are 1000 ways to love you
And in every way I do!
Of all the ways I love you
Everyone is true.

Jason J. Ramsey
Country Boy

I'm Just an Old Country Boy, Raised in the Coal Fields
Most time for their money, Mine came from Robbery And Dope Deals
Went from Christian School, To the Penitentiary
From a Homecoming King, To a Murdering Field
I'm Just an Old Country Boy, Raised in the Coal Fields
Went from Practical Dreams, To Fleeing the Scene
From a MAMAS Boy, To tonight's Top Story
From Pride and Joy, To Nothing But Worry

I'm Just an Old Country Boy, Raised in the Coal Fields
It Ain't Just a Myth, My Story is Real

About a Country Boy Who Fell Hard For them Pills
It Ain't No Hood-Fulke, Just Straight From the Hills

An Ol' Country Boy, Raised in the Coal Fields
My Story Ain't glamorous, But it Sure is Real

I'm Just an Ol' Country Boy, When Released From the Pen
To Hell with Them Pills, I Never Want to See them Again!
Bless Me

When I die, I want to be buried in you
Bless me baby, make your pussy my tomb

I came too late, and I'm gone too soon
But I found paradise, in the depths of you

I can rest in this peace for eternity
Two lips of an angel are enveloping me
You're something holy, you make me want to genuflect
It's a religious experience, when we're having sex

You'll be canonized as a sexual saint
Many went to the back the bus when you came

Oh Jesus Christ, I see the light
I found my peace in you, the doves take flight
You're so damn light

I died this night and was reborn again
Our love is pure, there is no sin

In you I have found my faith, all my life where have you been
I wanna be baptized in you again and again and again...
Deception

Shadows drape the world, and mock the truth
That veil of deception is all around you
You pulled me in with your illusions
I honored you with virtues, and you abused them

You’re a phantom – Amorphous
Someone I never knew you, I shape you to what I needed

In my own contumacy - the lies - I believed them
We preyed on each other – the chrysalis was uncovered

Our need is a mutual need, you must deceive
And I – in my weakness must believe
My perception was of innocence and vulnerability
So tangible – these were real to me

You are not fully to blame – I’m guilty of my need
The naivety I supply, for you – a succubus to feed
Even now knowing – I refuse to leave
And continue to need – what does this say about me.

Jason J Ramsey
Deja Vu

Every time I see you it's Deja Vu
Me and you in the bedroom
Soft sighs and a tender touch
I've never loved another so much

Every time I see you it's Deja Vu
Us laughing and smiling - Late night within
Memories holding you all through the night
Nothing's ever felt so right

What happened? What went wrong?
Please, come back in my arms
Where you belong

Every time I see you it's Deja Vu
My heart still singing its song, just for you
The only love I've known that's true
Baby, please come back, will you?

Every time I see you it's Deja Vu
I don't want only change or someone new
Let me love you, only the way I can do
Every time I see you it's Deja Vu
Of a love that's true

Jason J. Ramsey
What you Mean to Me

Everytime I kiss your Lips
Taste your Skin
Fall in love
All over again
When I look in your Eyes
It's like we just began
In that moment
Two become one
We have a Cosmic Connection
To be together we were destined
You take me to my zenith
Nothing can come between us
You are the Sun in my life
My dreams at night
You are my Angel, my Goddess
In the darkness, you're my light
With you by my side
I know it will be All Right
You are the Air I Breathe
You are everything I need
While we are not Royalty
You are my Queen
You are what makes it worthwhile
The joy that brings a smile
You're real Admire the quiet
My victory over trials
You're my Everything
And in between
No words can express
What you mean to me!

Jason J Ramsey
Baby I love you with All My Heart
It takes my breath whenever we're Apart
I can't imagine without you growing Old
The only one I want to kiss - The only one I want to Hold
The moment our eyes connected My heart was Stole
You're the other half that makes me Whole.
The Heat of My Fire the Spark to My Soul
Without you I am nothing, An Empty Shell
How many ways do I love you? I could never tell
For they are vast infinite - All the ways I love you
There is no limit!

Jason J Ramsey
There's no greater motivator than a beautiful woman
She makes emotions go from calm to storming
Her image consumes your mind from night to morning
She keeps you awake with your heart longing

You're that kind of woman, that inspires a man
Feels him with the confidence of yes I can
Just one look I begin to believe my plan
And I'll not stop til you make me your man

You ignite a fire deep within
Flames of passion, thoughts of sin
I can't express what you do to me
But I will be you now just wait and see

You're a goddess, no doubt it's true
In Elysium Fields I'll be waiting for you
In the next life you'll be my queen too
I love you forever, you know I do

You inspire me to be the best I can
A woman like you deserves a damn good man
I'm determined to fill that role
At first sight my heart you stole

Jason J. Ramsey
Where were you when I needed you the most
Locked in a box and broke as a joke!
No visits, unanswered calls
Always passed by when they're doing mail call
Where were you when I needed you the most
Nowhere to be found like Casper the Ghost
When I was doing years in the hole, 23 and 4's
All I thought about was you and the things we'd done
When I could be, I was always by your side when you needed me
The mutual was all I sought, you didn't give me a second thought
Where were you when I needed you the most
When my mom passed on and my heart was broke
I just needed a friend, encouragement and hope
Just an outlet to help me cope?
20 years doesn't mean nothing — nope!
You said you loved me, that's a joke
Me though I'm real I know that — and
When you need me we both know where I'll be at
Once again by your side, to offer what you denied
Yeah I'll be there when you need me the most
To be a friend, to offer love and hope
Because I know how it feels
When everyone turns Ghost.

Jason J. Ramsey
ONE LOVE

All I need is one love, one that's true
One to keep it real, one to come through
All I need is one love, one to hold me down
One to have my back when, no others are around
All I need is one love, one that's loyal
One that's sincere, to be the only one that matters
The only one I hold dear.
All I need is one love, one to hold
One to hold,
And see the darkness through
One to comfort me
As I will you.
All I need is one love, one I place no other above
One to be my Goddess, one to be my Queen
One to be my Everything And In between
All I need is one love, one to hold my hand
As we journey through this life
We'll be one
Husband AND wife
All I need is one love, one to be my friend
One to be my lover
One love
With you I need no other.

JASON J RAMSEY
Father Time

As I lie here in bed, thinking of the past,
Time goes by, way too fast.
Childhood friends, all the girls that loved me,
Where you at?
They say outta sight, outta mind,
Nobody around but Father Time.

He's so cruel, quick to make you a fool.
Talking about "should've stayed in school."
"Remember how you thought crime was cool?"
"You forget the golden rule."
"You reap what you sow."
"If you push, I'll pull."
"Now you're paying for the lesson."
"Paying in full."
"Take the knowledge, save another lesson."
"Stay in school, don't be a fool."
This prison shit just isn't cool!

Jason J. Ramsey
Honey let me show what love can do
When it's true, between me and you
Lift us up to a higher plane
Nothing will ever be the same
Material things no longer matter
With you in my arms
That's when I'm holding real riches
A real wealth that really lasts
Love endures, while the other will pass
Your a gift that keeps on giving
Everyday I'm livin' with you by my side nothings missing
Not for anything am I wishin'
Bill Gates when we're kissing
Real talk, no pretending
I knew you were the one from the beginning
We'd be together till the end
Baby all my love to you I'm sickin'
In return, that's what you're givin'
In the richest man in the world
With you as my girl
I don't want no need anything but you
That's what love is like when it's true
Lifts us up to a higher plane
Nothing richer can be gained
When I looked in your eyes
I knew life would never be the same.

Jason J Ramsey
Days Gone By

I walk down the empty corridors of my mind,
Reminisce on days gone by.
I grow nostalgic when I think of you,
Remembering days our love was true.

Everyone else is just a mirage,
you can't make magic by saying Ta-daa,
you must have the elements to make it real.
And without you, I can't conjure the spell.
I can picture in my mind - your image so clear.
And how I would catch fire with you near.

No words did you need to speak,
Just one touch would ignite the heart.
To the door of my heart - you still hold the key.

I never took time to tell you how I felt,
How one look in your eyes, my heart would melt.
I never gave you the respect you were due.
The only woman to have my love - that's true.

I always took for granted, the love you gave me,
When you held the grace, the grace to save me.

Just a kid, still acting crazy,
Even when you were just with my baby.

I didn't know how to be a man,
To hold you down, when you gave me your hand.

I was just a kid, who only cared for himself.

I can't begin to explain the regret I felt.
How I've died a 1,000 times
With my love for you on my mind.

How I'd give it all - to go back, to be a man
Who held you down, when you gave me your hand.
How I'd love you
With all that I can.

Jason J Ramsey
Fade Away

I live in my head
Circulating old memories
Can't make new, my soul is dead
Feel so numb, like shit's not real
Detached from reality, life stands still
See dreams pass before my eyes
All potential wasted
I can't even say why
See lines appear on my face
Like an Etch-A-Sketch artist
Has been at play
I grasp at youth
Father Time won't let you forget the truth
Day by day
A little more life fades away
No matter what you do or say
Remember when the game of life is in play
One mistake
Can be checkmate.

Jason J Ramsey
Lost

It seems I'm lost. Can you help me find my way
Help me to get out of this place
I've been stuck here for so long
All I want is to get back home.
I can't seem to find my way
I'm so lonely but not alone
All these people. From other places
I don't recognize any of the faces.
You're all that's left. All that's familiar.
Do you remember me as I do you?
Do you feel the way you used to?
Can you help me find a place similar to which I once knew
A place that gave me love, where I wasn't lonely
A place that feels like home.
Maybe offer a little warmth
to a heart turned to stone.

Jason J Ramsey
Your smile is what keeps me going
Its beauty lights my path and inspires me by shining

That brighter day will come
After every dark night I have my sun.

You possess beauty that radiates
A strength that can change fate.

Eyes so pure and true,
You fill me with confidence
When I look at you.

You make it all better,
No matter how stormy the weather.

All I need to do
Is think of you.

Your gorgeous eyes, your beautiful smile
Are reminders of better days
That will be back in a while.

Until I see the sun shine again
The image of you I hold within.

You make my darkest days bright
With the beauty of your light.

You are my shining sun
Even when I can't see the one
I can count on you to keep shining through
Bright and true.

Jason J Ramsey
When I was broken, you nurtured my soul
Put me back together, made me whole.

I wasn't living, just existing,
You helped to quiet my mind, made me listen.

The song inside was dying to be free,
I was too bitter to hear, now it sings.

Mind is the builder, love the healer
Let it go, pain's a killer.

Embrace the good, relinquish the bad
We all make mistakes, there's no reason to be sad.

Life's lessons make us stronger, they make us wiser.
Use the knowledge to go higher and higher.

Bless another with what you gather,
For we are one, evolving together.

The sun will shine through the darkest of weather,
Just like our spirit if we choose to be better.

Jason J Ramsey
My Everything

There's no contesting, you're nature's perfection
A holy answer, to a transcendental question
You're a mystery, revealed, a prophecy fulfilled
A miracle in the flesh, that can't be concealed

You're the light to the dark, a fire to a spark
The finish to a start, the beat of my heart

You're the feeling of a touch, the adrenaline of the rush
The essence of my life, the darkness to night

You're the virtue of right, the warmth of light
The eyes for sight, the wings for flight

You're the beauty of day, the flowers in May
The joy in play, the waves in waves

You're what brings joy to my soul, the half that makes me whole
You're the heat that banishes the cold, you restore what was stolen

You're the air I breathe, the earth I worship
You're the stars in the sky, that guide my courses

You're the source of my dreams, the song my heart sings
You're the love of my life, you are my everything!
Ode to My Son
(Prison Reflections)

I want to be the man you need me to be.
To be the father figure I never did see-
To offer advice, and a different perspective.
The hard won knowledge of prison reflections.

A few minutes of being dumb, took me away from you, son.
A volatile mixture, Anger, Alcohol and Pistols.
Being led by emotions, caught up in something you’re not.
A US year lesson in corrections is what I got.

Everyday filled with profound regret
Watching you (my son) grow up through picture sets.
Seeing loved ones die, without the chance to say goodbye.
Can’t make things right no matter how hard I try.

Just a few things I go through.
What hurts the most is how I hurt you.
An innocent kid - A casualty of your dad’s war.
By throwing away my life I neglected yours.

It’s impossible to express how I feel.
To give words to wisdom found in penitentiary steel.
To let you know how I love you. To apologize for my mistakes.
How I’d take it all back - give whatever it takes.

The reality though, it’s too late for the past.
No words or regrets can take it back.
For the future to come, I’ll be a better man.
Please forgive me, if you can.
In the times that come,
I’ll be there for you.
I love you, my son!

Jason J. Ramsey
My soul cries like the wolf at the moon
Heart so sad like I'm buried in a tomb
I feel so alone. I don't know what to do
Live for a minute. Just trying to get through

The darkness its all persuading
This pain I feel. It's not getting
Waiting for the one I love to save me
But she's done moved on. Her love has faded

Live in the past to get through the present
Like the days before your exit
I never had much considered you a blessing
Love is bittersweet. That's the lesson

The memories get me through
The ones filled with you
I don't know what I'd do without those
Be thankful for the rest
Of my future would be closed

Jason J. Ramsey
All Alone

Where you at, when I need you most
When times are hard, and I'm all alone
Thought you loved me,
I can see now, I was wrong.

Emotions are fickle, they change with the wind
There shouldn't be conditions when it comes to a friend.
My thoughts are naive, I let you hurt me again
This shall pass though, I'll be stronger than.

For that I give thanks to you, your treachery makes my theory true
Adversity is just the opportunity to rise up and reach my potential
Going through pain and hurt, is essential.

You opened my eyes, I'm wide awake
If you need me, I'll be there for you
No I'll not forsake
Even though you do what you do
I'm better than you.

I'll show you a friendship true
And spare you all the pain I went through.

Jason J Ramsey
Love Drug

I can't explain what you do to me
The way you move your body's pure poetry
Lost in your seductive eyes
While you hug me with your thighs
I'm mesmerized by your soft sighs
They get me high
Our sex is love - it's
Better than any drug
When I'm up
I don't want to come down
Baby keep me close
This is heaven that I've found
I don't need help, I don't need rehab
Everything I need can be found in what we have
Baby open up, take me into your embrace
I'm a friend for your love
I need a little taste

Jason J Ramsey
Chasing Dreams

All you've ever did was break my heart
you had it within your power to keep me from falling apart
when I needed you the most, you were never there
after all the years we've shared, it's as if you never cared.
I was there for you when I shouldn't have been.
Gave you support while you were pregnant by other men.
I took you in when someone else would
help you down the best I could.
Even after all the betrayals, I considered you my friend.
only to have you shut me down again.
As I sit in this box you even withheld my son.
And do you think you're the one?
Is it my fault I bring it on myself?
So weak for the only love I've ever felt.
my soul cries without shedding tears.
Everyday and every year after you
your image still in my mind - in my heart I still hold
hopes - hoping one day you'll reappear.
your love could restore me to my former self.
I know I'm foolish for these thoughts.
Chasing dreams that will never be caught!

Jason J. Ramsey
Does He

Does he love you like me, does he fuck you better than me
Does he make you wet like me, does he make you sweat like me
Til your bodyfevers and you can't see, does he make you bite your lip, does he make you scream
Does he keep your body in motion, does he make you cream, love so good, it's like a dream
Does he pull your hair, to the depths of your soul does he stare
Does he bite your ears and kiss away your tears
Does he give you chills when he kisses your neck, does he put you first when you'lls having sex
Does he eat you up and make your thighs quiver
Does he make you fall as one when your together
Does he hold you all through the night, makes it all alright
Does he know all the spots to turn you on like a light
Does he love you like your his whole life, does he treat you like his soul mate
Would for you, a bullet he give, would for you, a bullet he take
Does he know he can never love you like me
Does he know he can never take my place?

Jason J Ramsey
My Heart

You're my Girl, you're my Friend, when I fall, why I get up again,
you're my Lover, my Adviser, I Betol you Baby, no one Higher,
you held me down while in the bed,
you walked it out til the End.

That alone put you on a throne, Crossed my Queen,
A Real Life Answer to my Dreams.
I can't tell you how my Heart's been beat, but you made me able to Smile again,
you're my Heart and Soul, you're what completes me, what makes me whole.

You're there in the Clutch, Baby Girl, I owe you so much,
Now I got your back, Anything you want you can have,
you'll never be in need, I'll be there for you as you are me, you can count on me,
I'll never let you down, I promise baby, to always be around.

We are one, you and I,
Any obstacles, we gonna Ride,
Yeah Any obstacles, we're gonna Ride.
I love you Baby!

Til Death do us part,
you're my Heart!

JASON J. RAMSEY
The One

I found the one to hold me down
To be my friend, love her forever - til the end
She keeps it 100%, she's no pretend
She loves me, for me, she knows where I've been

She's the moment of truth, she's no fluke
No longer an excuse to keep fuckin' up
She gave me something more to live for
She gave me back my life, hope she'll be my wife

When I look into her eyes, I feel the heat
Finally alive, it feels so sweet
Thank you baby, for you saving grace
Genuine joy when I see your face

It took so long, but I've found my one
My soul is healed, the void has been filled
She's the love of my life, that's for real
I don't need anything else, I'm chill.

Jason J. Ramsey
Mama Why

Mama Why'd you have to die
Before I could say I'm sorry or tell you goodbye

I was consumed with pain and regret
With each day goes by

You're in my mind's eye. Tears in your eyes
Saying why?

I never could answer, maybe the answer was there all along
I just couldn't answer, because I knew it was wrong

It took a long time, hard lessons
And soul searching to give a truth to your question

I was just cold and heartless
But I loved you regardless
Lost you while doing this time, Threw me out
It warmed my heart and opened my mind

I realized I was living a lie, trying to be something I'm not
It took this heartache to open my eyes, I just wish I could've answered your why's and

I see your pretty face, your shining eyes
To give you a hug and tell you goodbye

Even though it broke, you live in my heart
I'm sorry mama, it took falling apart. To give my life a start

I love you mom. It's not goodbye
You live in my heart and you no longer cry.

Jason J Ramsey
Whispers iv the Wind

You become A whisper on the wind
I know we'll meet again
I hear you calling through the breeze
Yeah, your voice, it touches me
Though your form I can't see
I feel you when you breathe
I can see you move through the trees
Watch the ripples on the creeks
You were never shallow
Always deep
Through the cold
Your warmth seeps
Nature told me, death is not eternal
It was reluctant, but now I believe
Though I can't see your form
I feel you all around me
I love you mom!
Blessings of the Struggle

I've been through so much adversity
You'd think the Gods cursed me.
But that's not true, they knew me to be stronger than you
This struggle evolved me to my Apex, to better myself, to be my best.

It's been a long road, with hard lessons.
Had no where to go, and no love was shown.
Watching loved ones pass, no words of encouragement, no questions asked.
I spent years helping Homies, but when I needed them, they ain't no me.

I thank the Gods for my Son, Brothers and Cousin.
If not for them, no love at all would've been coming.
They kept me strong and remained true.
Thanks to them, I made it through, emerged a better man, that's what soldiers do.

To my Mom on the other side, you no longer have to cry
My heart no longer cold, I got back my soul.
It's taken a long time, I've realized my goal.
You forever remain close to my heart, and keep me whole.

Thank you for the strength you instilled, giving me an unconquerable will.
For your unconditional love, and still guiding us from above.

Love you All!

Jason J Ramsey
They say what goes around comes around
I took a life, and they put my mom in the ground

At the time she's all I loved
So when the God's above
Even the sealed
That's how they judged

It sure was enough
Sometimes I feel like too much
But now I know that Family's Pain
When you lose those you love, every day is filled with Pain

Wish I had the power to go back in time
Maybe I could negate what I lost, when I lost my mind

My days are dark without you now
My Sun just can't shine
I'm so sorry mom
For my crime

I continue to pay everyday
With you gone
Nothing is the same
Now I feel that Family's Pain!

Jason J. Ramsey
The Test

I've never thought this would be me
Locked away in the penitentiary

It's no longer a curse
I grew strong through the adverse

As I watch these razor wire sunsets
It's clear, life's a test

The God's put you through the worst
So you may become your best

The key is to stay strong
And you'll realize where you belong

For every struggle is just a meter
In the mind of the achiever

Through the pain is divinity
The God's made it plain to me

Be strong, grow great
Let that be our affinity.

Jason J. Ramsey
I wanna know your dreams, your ambitions
Tell me your life's mission and what you've been missing
I promise to pay attention, Im all ears while i listen
I wanna hear it all, it goes without mention
My intention is to absorb you, To meld into one
No need to resist I won't quit until its done
Captivated by your essence, Enriched from your presence
Gotta have you all - I can't settle for less - And
I feed from your vitality - Vibrant personality
The way you make me feel has no rationality
In yours, in full totality, your it!
Nothing is valid to me
Your the center of my nucleus, around you I revolve
The catalyst that makes me evolve, you're the solution to it all
With you all my problems have been solved
You lift me up to a higher plain, your existence is why I came
Thank you for your love and the will to change
For giving my life meaning - nothing will ever be the same
You blessed my life baby
When you came

Jason J Ramsey
100 Carats

If pressure makes diamonds, then I'm a 100 Carats
The weight I carry most couldn't bear it
All this adversity has done strengthened me
I can't, I won't be broke. I just keep holdin' strong against their hope
My mind's too strong to succumb to any opposition
If that's your objective - save time, abort mission
I'm gonna keep it movin', keep hittin', ain't no quitting
That's what separates me from you, I'm a dynamo. This is what I do

If pressure makes diamonds, then I'm 100 Carats
The weight I carry most couldn't bear it

I've got so much weight on my shoulders I'm like Atlas
People love to talk but I what the facts is
They'd crumble under the pressure that makes me a treasure
I'm a 100 Carats. The weight you'll couldn't bear it
A solitary soldier. Keep searchin' while rest collapse folded
Don't want no help. The weight, I'll hold it
Suffered through the years. A rock without peers
Suffled teeth, tears. The pain and hurt I endure
You've felt it nowhere near. You've got no point of reference
I'm 100 Carats - you can see it in my presence!
My Baby

My Baby Holds me down like a Real woman should
Always by my side through the bad and the Good
Never had to look or know right where she stood
Never had to ask she does all that she could

One of a kind, doing what no others would
For her I'd kill or die, that's understood
It goes deeper than love, she's my soulmate
No woman in the world could ever take her place

How I got so lucky I'll never
Once thing for sure though I'll never let her go
Like the breath I breathe
I wouldn't survive if she were to leave

Gotta have her by my side, she's all I need
My life she sustains, can't make more plain
She's the thought in my brain
The Joy to my Pain
The Sunshine to the Rain
She's the spark to my soul
She's my baby
My Everything!

Jason J Rauser
As Close To Heaven As I'll Get

Lucie St. Emera

I wanna taste the dew between your lips
Hold me tight within your grip
Have you seen my name before I quit
Wrapped in Liquid Fire and pink Velvet

This is as close to heaven as I'll ever know
As I worship your body, benediction is bestowed
Baptized in Your heat, the altar of your legs
As you begin to speak in tongues, your body tells me what is said
We reach a state of grace as I bury my face
Hands tangled in your hair as we increase pace
The leeches of the Gods drip from your load
A taste so sweet - mesmerized

I can't speak
Lost in this garden of Eden, your moans become pleading
Calling my name in the air, As if it were a prayer
Lost in ecstasy both with a care-
We merge as one - as our bodies both come.

Jason J Ramsey
You talk about change, you're preaching to the choir
See that sun shining on the razor wire
It's too little, too late.
This is life, checkmate.
Walking prison yards, hostile environments
Life is full of sudden violence
Watch your back where you go.
Those you fuck with, you never know.
Everything has a price, just might be your life.
Watch where you step - keep the shades
Surrounded by fakes and fakes.
Not everything safe, everyone on the take.
House of Mirrors - this place.
Costumes change - day by day.
You never know what position the clowns play.
Gotta stay on point.
In everyday.

Jason J Ramsey
Trapped within these walls I feel dead inside
Tattoo tears is the only way I cry
My heart as cold as this steel
Last time I saw my mom she asked me why
I never got an answer before she died

Now its 23 and I running through my head like a constant reminder
She said I love you son I don't know how much longer I'll be here
You'll always be my baby boy though, no matter what I don't care

A lifetime of regrets, things I said
Things I did, heart tormented by the way I lived
Can you forgive me now for the things I said
The things I did, breaking your heart by the way I lived

I've got a hole full of regrets, wish I could hit reset
everytime I look in my sons eyes across a table, they ask why
why aren't there to take me to football games
why were you never there when I called your name
why isn't my life the same as the friends I have
why did you have to go and leave me dad

Now its 23 and I running through my head like a constant reminder
Can you forgive me son for not being there
For not showing you how much I care
wish I could go back and undo the things I did
I wish I could back, be there for my mom, for my kid
wish I could go back and change the way I lived.

Jason J. Ramsey
Lucio El. Emerg

Trying to make sense of it

As I gazed out this window
Watching Rosa fall on the floor,
I dirft back to that night and try to make sense of it.

I just can't put it all together
Nothing will justify
Why an innocent man had to die.

It makes my soul cry to remember the look in his eye
He said you don't have to shoot
I don't want to die.

I pulled the trigger anyway
I bought changes to All My Days. I AM sorry! I know that's not enough
What can a person do about such

I'm paying my debt to Society, what they deemed Fit
Even if they reckt me away All my days
It don't change shit.

From my heart to your family, I just want to say sorry
For all the hurt and the trouble.
If I could take it back I would on the double.

If I could give my life to bring his back
No doubt I'd do it. For I know you hurt
That's a fact.

Believe it or not I do feel your pain
Anything I say or do
However sorry doesn't make a change.

Jason J Ramsey
It's your little imperfections, I find so sexy
and I'd like to get closer to you. Won't you let me
scoop you up and take you off the market.
I know you feel the need, baby, let me speak it.

Dare fight your emotions. Our chemistry's crazy.
Cupid fired his bow, our Fates be created.
You were destined for me. I was made for you.
Don't lie to yourself, we both know it's true.

For the rest of our days, I'll be close and devoted
when it comes to marriage vows, I'm ready to quote. On
The Gods brought me a miracle created in you.
Through sickness and health, no doubt, I do.

Together we'll grow old, like the stories are told - like
In generations before when love was true and bold.
To you, my heart is on hold, you're the woman of my dreams.
Whatever this life may bring, we'll face it as a team!

Jasea J. Ramsey
A Goddess in disguise
You're a gift from the skies, all my dreams realized
You've everything I've ever fantasized

I can see in your eyes, you're a Goddess in disguise
My dreams came true, a gift from the skies
For real baby, you're all that saved me
You're a Goddess in disguise, too way too easy

You're the reason I'm still alive
Before you I was ready to die
That's no lie, you're what saved me - you
Kept me from going crazy
Now when I look in your eyes, nothing can face me

You never cease to amaze, you're a Goddess for sure
This gift from the skies, you're what makes me enclose
I never believed in miracles before, than I met you
And my dreams came true, you made me look at life anew

You took away all my sadness, and did away with all the madness
By taking your hand, I'm now a better man
You made me understand, The Gods had a plan,
My dreams came true, everything is real at you

You're a gift from the skies, a Goddess undisguised
You're my dreams realized, you're everything I've fantasized.
Do you ever feel like you're in a vacuum
Everything ceases to exist
As time goes by, it seems you begin to fade
And become with it.

You are conscious of the transition
Perspective determines perspective
You are on the outside watching in
Wondering how it will all end.

You see your transformation in minute detail
As if you're watching yourself through a microscope.
The outcome is inevitable
You must give in to fate.

The youthful mind watches the body grow old
You see the hours pass
Summer flows out the hourglass
As the weather becomes cold.

The metamorphosis is almost complete
You're ever more aware
Your consciousness grows to its peak
Even as your body begins its sleep.

The light is let loose
To form anew
To transcend
From the vacuum.

Jason J. Ramsey
The world passes away

No mail or visits again today. The world just passes away
As you sit still in a concrete box, day after day

you look in the mirror, at lines etched on your face
when did those get there? How'd I get to this place?

you're dying to feel, to create
Afraid of sounding crazy, how can they relate?
you create scenes to find joy, how'd you respond
How'd you react to people outside where you're at

How'd you love, how'd you laugh
How you wish you could make it all back

Your concept of normal begins to fade, replaced by something you made

you hope you're coming off true. the need to connect means so much to you

Always careful not to scare them off. do I come off as too soft?
you don't want your confidence to seem affected, you only want to be accepted

you only want to feel some emotion, your spirit quickens with that within

no mail or visits today. the world passes away, your soul slowly dies as you age.
Til You Came Along

My soul was dead, my heart was cold
Cared for nothing 'til you came along
You gave me inspiration, to you I dedicate poem
Everything I thought was right, you showed me was wrong
You brought me back to life, when you became my wife
I made me put my past behind me, it's now outta sight
Where I once was grounded, you gave me wings for flight
You brought me outta darkness, into the light
For you my colors have changed, you give me love make me want to give the same
You brought me out a dead end game, things that were outta sight, you make plain
You have brought me to my senses, I was so insomne
Now I'm no longer wild, for you I become tame.

Jason J. Ramsey
Wild and Free

My spirit was once wild and free
This second degree took it away from me
The judge done clipped my wings
You know jail birds don't fly or sing
When I caught the body I killed my dreams
That's poetic justice, or so it seems
Position determines perspective
Locked in a hole you become reflective
Steady reminisce and look for an exit
Wishing you hadn't left things how you left them
Plenty of time to be retrospective, And for second guessing
The mind becomes a weight so heavy it leaves a depression
I assume that's the point to this lesson
As they kill our souls with these torture sessions
I've become enlightened, As my self detachment has heightened
If this is society help, you should be frightened.

Josco J Ramsey
I'm an isolated introvert, I dig so deep I make it hurt
So confused and lonely I drive everyone from me.
Now I pay the price, trapped in a box assaulted by my life.
The most relentless enemy, comes from within me.
You can run from people but you can't get away from thoughts.
I can't find the peace that's sought, or win the fight that's fought.
The mind is so insidious, you're devoured from this inside out.
There's no escape route, the things you attempt to block, the louder they shout.
Sure, you get a brief respite, if you can sleep at night.
But as soon as you open your eyes, the demons start to fly.
Yeah, they start their game anew, slowly, methodically killing you.
Nothing can be done, nothing can you do.
The silence becomes deadly, the solitude drives you insane.
Give anything to be able to turn off your brain.
Or go back in time to make a change.
But these impossibilities just add to your pain.
You are Life
The goal in which we set our sights
You are the truth that will not be abused
You are inspiration, you're a muse
You're light thatdispers the night
You're Right that counters the wrong
You're the lyrics of the hero's song
You're everything For which I long

You're the Richest of the Rich
The throne of thrones is where you sit
You are the Source
From which man receives all his gifts
No matter how down in Spirit
You are able to lift
Your value is priceless, not another to even compare you with
My heart rejoices with each ascent
And my soul longs with each descent
You are my warmth, my love and desire
You feel me with an all consuming fire
There is nothing to me more dear
No Fear I feel when you are near

For you Sunna, light of my Life
You dispel all darkness And make it all right.

Hail to the High Goddess
Hail to the Sun!

Jason J Ramsey
She moves through the ethers, like Ether herself
When I first see her, it's hard to explain what I felt
A spiritual experience, she woke up what I thought had died
She blessed me with her kiss, and made me come alive.
Nothing was ever the same. She makes me want to settle down. To leave the game.
I've got love by my side, nothing else matters.
As long as she's there, the rest I can spare.

She's all I need, got family values, we're planting seeds.
We're starting family trees, taught me what love is. She makes me see.
Never knew such happiness still existed. Showed me what was missing.
I'll never take another day for granted. I'm cherishing everyday and every single minute.
My life is heaven baby, was, with you in it!

Jason J. Ramsey
Luce Et, Emergo

Return to the light.

I'm Just a Candle, touched with a Flame
with the potential to touch another with the same
The choice is mine, burn down into myself
or pass it on, to let it be felt

Be an extension of the light, burn away the night
when the day returns, we are as one
Pure light, existing untouched by our surroundings
Don't be deceived, there's no other way, but to be one with the day

Great one, Light Giver, Light Giver. Shine your light upon my path
let there be no more confusion of where I'm at
For I aspire to your ways, to be one with your ways
To be an extension of the whole, be warm, burn away the cold
There's not even a doubt, my decision has been made
Touch others, give hope in the struggle
And continuously strive, to reunite with the divide.

Jason J Ramsey
I'm having dreams of joy and grandeur
So tired of being sad and poor
White Privilege - My Ass
Color don't mean shit when you're lower class
We're all victims of the same struggle
Living outside of that 1% bubble
The Rich don't know how it feels
When you: Next meal depends on what you steal
I may be white and country
But I know what it's like to be broke and hungry
Growing up without a dad
Mom doing the best she can
Raising 3 boys without a man
Besides most couldn't hold up to how she stands
She was a soldier without peers
Rest in peace, mom my dear.
Steel bars and gray skies

Steel bars and gray skies is all I see
Have a look through my eyes
See what it's like to be me.
To live in a box, cut off from society
Cloaked in lonely, that's what it's like to be me.

Steel bars and gray skies, a life filled with lies
No answers to your questions, no answers to your why's.

You become so bitter, hearts so cold.
You can't even cry.
That's a look through my eyes.

Steel bars and gray skies, sitting submerged in silence
As your family dies without the chance to say goodbye.
Living in your head, thoughts of things you should've done - shadows said.

You can never go back to make peace, that's what it's like to be me.

Steel bars and gray skies, each day more of you dies
You could never walk in my shoes, but you can have a look through my eyes.

See what it's like doing time for all your crimes.
While it's not yours, this life is mine.

Jason J Ramsey
I haven't got much else to do, drink another cup of coffee or two
Look out the window and think of you
Wondering what you're up to, I'd like to think you're thinking of me
To be real though, that's probably fantasy

I used to be a dreamer, now I'm a realist
Doing years, that's what punishment steel does
I can't be had, I bring it on myself
But I'd like you to know how I felt

After all these years, you're still the one I dream of
That may not sound like much, to me though, it's love
It's a little easier than it used to be
Back when I'd close my eyes and you're all I'd see

They say time heals all wounds, well time still has much to do
It's safe to say, you'll always be the focus of my day
Both awake and when I lay, memories stay on replay
And even though it's bittersweet, I still have you when I sleep.

Jason J. Ramsey
As I come closer to the end, I realize there is no such thing as a friend
My mom used to say you'll find this out one of these days
As usual she was right, that reality has taken half my life
And I've learned a lot since that fateful night

As I sit here staring at these walls, mind reeling down empty halls
Looking for something to make me whole, to fill this void within my soul
I flip through picture albums to bring a smile, but always fade back to black, after awhile
I write some rhymes to pass the time and hope maybe to give some peace of mind

Sometimes it helps to get it off my chest, wish I could write it off, till nothing's left
But it seems I can't reach the bottom of the cup, there is no bottom, no end to it
Veil of darkness so heavy; I can't seem to lift, must fight on through and not quit
My son I think about, I have to be there, He must not take my route

In time I'm confident it will get better, I can feel it as I write this letter
Maybe things are beginning to look up, or is it just tired of giving a fuck?
Hope one day, they find it to forgive, to quit weighing me down, and let me live
I said I was sorry, but I'll never quit!

Jason J Ramsey
Lucio E. Emera

Never bend your knee.

Great Gods and Goddesses
Please guard my family and me.
Empower us to weather the storms of see.
May we stand tall and true.
And honor you, as well as ourselves.
Let joy be our wealth.
May we find prosperity in our health.
For that's all the riches we need.
Have pride, hold our heads high.
And never bend our knee.

Jason J. Ramsey